

# Furzedown Project

## News

Summer 2018  
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**The Furzedown Project**  
91/93 Moyser Road SW16 6SJ  
Tel: 0208 677 4283  
[www.furzedownproject.org](http://www.furzedownproject.org)

## A Day for History

**Tuesday 17<sup>th</sup> July** will be a when ancient and modern, domestic and world history is celebrated by Furzedown Project members through attending two very special events.

**In the morning** there will be a gala screening at the Ritzy Cinema, Brixton of a film featuring the stories of migration and settlement told by Project members. The film has been made in partnership with children from Furzedown Primary School, young, recent migrants living in the CARAS Tooting Refugee Project, and Matt Rosenberg of *Digital;works*. Matt organised five events including talks, workshops, and individual interviews in which our members tell of their journeys to London from far-away places including Africa, Bangladesh, India, and the Caribbean. The film focusses on the period from 1948 to 1972 and the making of it has been greatly enjoyed by all the members who took part. They have relished the intergenerational nature of the film's production process and were charmed and impressed by the insightful questions asked by the children and the young migrants.

We will be offering minibus transport to the Ritzy for those who want to attend, priority for seats will be offered to stars of the movie, though we are yet to hear if the red carpet will be rolled out for their arrival. If you are interested in going to the gala screening please do let us know. Future screenings will be held at the Project and the film will be deposited in the Wandsworth Borough Archive for future generations to access.

**In the afternoon** members have been invited to a specially organised tour of the British Museum.

The walk and talk tour is titled 'From Korea to Kente'. Our guides will lead us first to the Korean Gallery, then to the African gallery. These galler-



ies are quite different and in different areas of the museum so whilst walking from one to the other our group will have a sense of the scale of the museum and the range of the collections. The guides have chosen a few objects for the group to focus on and there will even be an



opportunity to handle some of the precious items from the collection. The tour will last 30-40 minutes. After that we can take refreshments in one of several cafés, visit other galleries, shop or just wonder at

the architecture of the Great Court. The museum will close at 17.00.

**On this occasion the visit and tour is only for those members who can make their own way to the British Museum using public transport.** We will however use the opportunity to scout the potential for future visits in our minibus for those with reduced mobility.

Full details of times and travel arrangements for both trips will be available soon, if you are interested in either please put your name on the list held at the Reception Desk.

**All the hard work pays off...thanks to our  
Fundraising Team of Volunteers and Supporters**

A combined total of **£1,705.39** was raised recently at the Spring Fayre and Plant Sale. The volunteers extraordinary efforts again and the abundant contributions of crafts, gifts and plants have been amazing. We offer our sincere thanks and appreciation to them and to all who so generously support the Project with our ongoing fundraising programme.

**THE HOME VISITING SCHEME**

The Project's Home Visiting Scheme provides befriending support to older people in our local area. We are in contact with over 50 individuals who receive regular visits from our volunteers.

Just an hour of conversation each week makes life feel so much better for people who do not get out!

Our scheme has gone from strength to strength over the years and we have become a vital part of the community where people are supported through befriending to build confidence and improve quality of life by reducing loneliness.

Of course, this service could not be provided without our valued and committed team of home visitors who give friendship and companionship to their clients. They all truly enhance the lives of their clients.

**If you would like to become a home visiting volunteer, receive a home visit, or know someone, who might benefit from company, conversation & friendship, please call**

**Clive Brown, Home Visiting Coordinator on:**

**020 8677 4283**

The Home Visiting Scheme is funded by  
The Big Lottery

**Our popular programme of Summer Outings is  
advertised on the centre pages.**

**Please be advised of the following when booking a trip:**

The outings are open to all our members, but please ensure you have renewed your membership for 2018/19. Booking of outings commence Wed.27th June. It is advisable to book early to avoid disappointment.

We will take bookings for one trip per member. You may add your name to the reserve list for further trips and will be notified of seats available in the week before departure.

If you will need assistance during your trip please let us know when booking, we will do our best to meet your needs.

Please check departure details shortly before your trip as times may vary.

Return times to the Project will be approximate: the bus will leave seaside destinations at 4.00pm, but arrival back at the Project may be after 6.00pm

**Bookings can be made from Wednesday 27th June  
9.30am – 4.30pm and are confirmed upon payment.**

**The Annual General Meeting of  
THE FURZEDOWN PROJECT**

will be held on

**Wednesday 12th September 2018**

**2pm - 4pm**

**Mitcham Lane Baptist Church,  
230 Mitcham Lane SW16**

**Transport will be available to book**

## Furzedown Project Members

### **EASTBOURNE**

Mon 9 July

9.00am from Project

Return departure from Eastbourne 4.00pm

£12.00

### **MORDEN HALL**

Mon 16 July

Tour & Pub Lunch

10am –4pm £8.00

### **KEW GARDENS**

Tues 24 July

Guided Tour of Botanical Gardens in Discovery Bus with time to enjoy a leisurely lunch in the café, or if you prefer, your picnic lunch in the gardens

10am –4pm £12.00 (includes admission)

### **BRIGHTON**

Mon 30 July

9.00am from Project

Return departure from Brighton 4.00pm

£12.00

### **WETLANDS CENTRE**

Mon 6 Aug

10am –4pm An urban oasis for wildlife set among lakes, ponds & gardens. The café is perfect for relaxing

£12.00 (includes admission)

## Summer Outings Programme 2018

### **SUMMER GARDEN PARTY** Wed 8 Aug

2 – 4pm Please note new venue

Streatham Bowling Club, Pringle Gardens SW16

£5.00 (entrance by ticket only)

### **HASTINGS**

Mon 13 Aug

9.00am from Project

Return departure from Margate 4.00pm

£12.00

### **EASTBOURNE**

Mon 20 Aug

9.00am from Project

Return departure from Eastbourne 4.00pm

£12.00

### **GARSONS FARM**

Mon 3 Sept

Award-winning garden centre , farm shop & cafe

**& Pub Lunch**

10am –4pm £8.00

Bookings may be made from Wed 27th June and are confirmed upon receipt of payment.

The prices shown excludes lunches

Remember to book early to avoid disappointment

Every 3rd Tuesday of the Month

# PHOTOGRAPHY GROUP



For more information please contact

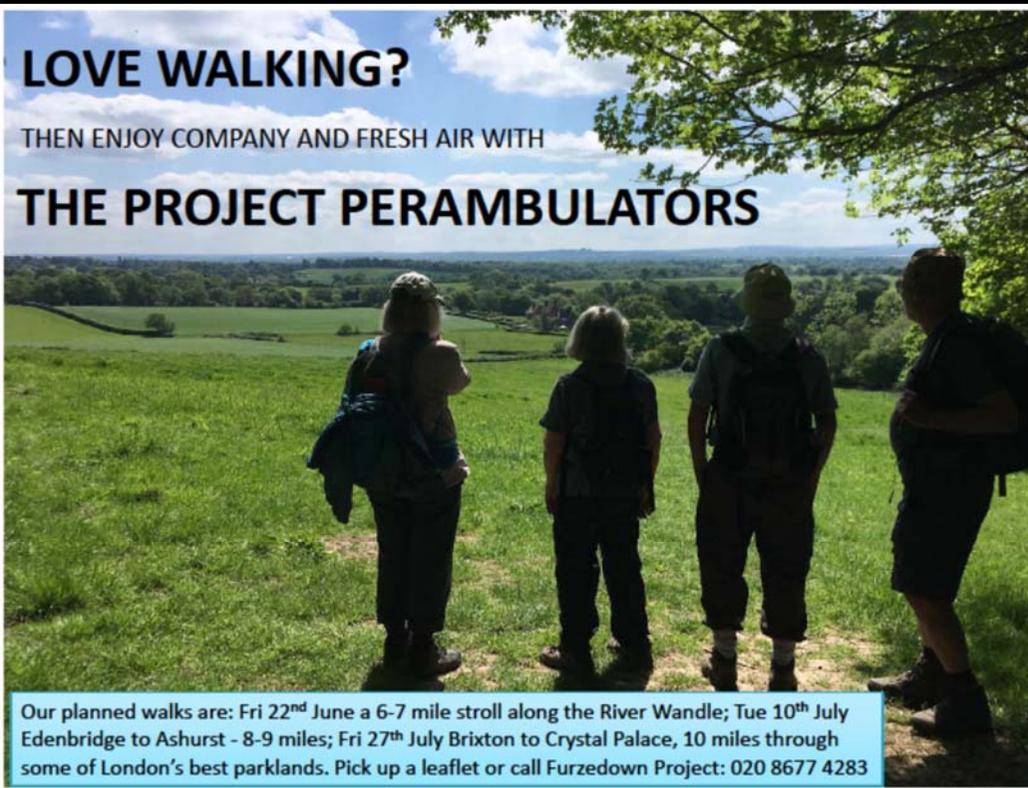
THE FURZEDOWN PROJECT  
91/93 Moyser Road, SW16 6SJ  
0208 677 4283 or email  
[jeremy.a.weinstein@btinternet.com](mailto:jeremy.a.weinstein@btinternet.com)

Come  
& join us

## LOVE WALKING?

THEN ENJOY COMPANY AND FRESH AIR WITH

## THE PROJECT PERAMBULATORS



Our planned walks are: Fri 22<sup>nd</sup> June a 6-7 mile stroll along the River Wandle; Tue 10<sup>th</sup> July Edenbridge to Ashurst - 8-9 miles; Fri 27<sup>th</sup> July Brixton to Crystal Palace, 10 miles through some of London's best parklands. Pick up a leaflet or call Furzedown Project: 020 8677 4283

## The General Data Protection Regulations 2018

### Our Privacy Statement

With our mailing of this Summer Newsletter we have included a copy of The Furzedown Project's Privacy Statement. This outlines the importance we place on protecting the personal information which you have given to us as a member of the Project and tells you about how we use that data.

As a membership organisation and a not for profit charity we do not pass any of the information we hold on to third party organisations for commercial gain.

On becoming a member of the Project, you have provided us with a limited range of personal information and your consent for us to manage it in the manner set out in our policy.

You do have the right to request access to this information and to withdraw your consent for us to hold it. If you wish to do so, please contact the Project Manager on 020 8777 4283.

**HOBNOBS**



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*Age 60+ and home alone over the summer?  
Join us for Holiday@Home 7th -10th August*

*To Book and for more details contact:  
[streatthampark@gmail.com](mailto:streatthampark@gmail.com)*

*Tel 020 8769 5415*



## Every Wednesday Morning at the Project

Shopping - Conversation - Friendship—Refreshments

Library Books—Computers - Massage Therapies

And on last Wednesday of the month:

Hearing Aid Clinic & Gill's Fundraising Table.

Local shops within easy distance of the Project, and a ride home and help with your bags of shopping. Why not come along and spend time with us? From 9.30am *You'll be most welcome.*

*Just give Mick or Pauline a call 0208 677 4283*

A Thank you!

We have received a letter of thanks for the £42.67 raised in aid of The Marie Curie March Great Daffodil Appeal



## 2018 MEMBERS GARDEN PARTY

**Wednesday 8th August**  
2.00 -4.00pm

**NEW VENUE**  
The Streatham Park Bowls Club,  
Pringle Gardens  
SW16 1SH

**Tickets £5.00**  
Available from the Project – limited numbers, be sure to book early!

## Come and join us... 2 – 4pm

There's **BINGO** every Tuesday and Friday afternoon at the Project.

They're friendly social afternoons and we'd welcome your company

So don't be shy, don't be lonely, give it a go, just come along and make new friends at the Furzedown Project -Transport available if needed

## MEMBERSHIP RENEWAL

**The Annual Subscription for Membership of the Furzedown Project became due on 1st of June 2018. The subscription is £20.00**

**Membership gives access to our full programme of Activities, Outings and Events.**

*giftaid it*

When joining the Furzedown Project, renewing your membership, or making a donation you can increase the value by 25% if you are a UK taxpayer through requesting *gift aid*.

Using *gift aid* means that your **£20.00 membership can be turned into £25.00.** Imagine what a difference that could make to the Project and it doesn't cost you a thing!

So if you're are a Tax Payer please ask at reception to sign a *gift aid* form when you renew your membership.

Please note that our sessional activities are £2.00 per visit The mini-bus fare is £1.00 so people using the supported transport service will pay a total of £3.00

Membership Fees are not levied on clients of the Home Visiting Scheme



**We thank you for your continued support of the Project**



# ACTIVITIES at the FURZEDOWN PROJECT

## MONDAY

Outings July—August (Various)	
* Swim Club (resumes in September)	9.45—12.00pm
Fit & Fitter ( 2 Classes of 45 mins. each)	9.30 -11.00am
Exercise Therapy Class	11.00 -11.45am
50+ Restart British/Bangladeshi Group	1.00 —4.00pm
* Monday Get-together	2.00 -4.00 pm

## TUESDAY

Yoga	10.00 -11.00
Yoga	3.00 - 4.00
Reading & Discussion Group	10.30 -11.30 am
* Bingo	2.00 -4.00 pm

## WEDNESDAY

* Co-op Shop & Coffee Morning	9.30 -11.15 am
Hearing Aid Clinic (last Weds of the month)	10.00 to 12.00am
* Craft Class	2.00 -4.00 pm
* Singing Class (Twentieth Century Songbook)	2.00 -4.00 pm

## THURSDAY

Exercise Therapy	9.30 -10.15am
* Exercise Therapy	10.15 -11.00am
Computer Support	10.00 -11.00 am
LGBT 50+ Coffee Morning	10.00—12.00pm
* Chair Based Exercises	11.00 -11.45 am
* Bridge & Scrabble Club	2.00 -4.00 pm
* Furzedown Fusion Exercise	2.15 - 3.15pm

## FRIDAY

Art Group	10.00 -12.00 pm
Fitness & Fun	11.00 -12.00 pm
Classical Indian Singing	12.00 -2.00 pm
International Friendship Group	2.00 -4.00 pm
* Bingo	2.00 -4.00 pm

\*= Transport is available if needed

Library Service available Mon-Fri 9.30-4.00pm

Councillors Surgeries 1<sup>st</sup> Saturday of every month 11.30-12.30 pm