



Furzedown Project
News

Summer 2016
Summer 2016

The Furzedown Project
Tel: 0208 677 4283

91/93 Moyser Road SW16 6SJ
www.furzedownproject.org

**All the hard work pays off...thanks to our
Fundraising Team of Volunteers and Supporters**

A total of **£967.50** was raised at the Spring Fair. The abundant contribution of crafts, gifts and volunteer time once again proved to be of great worth. We offer our thanks and appreciation to our volunteers and all who so generously supported the Project in this annual fundraising event.

THANK YOU

THE HOME VISITING SCHEME

The Project's Home Visiting Scheme provides befriending support to older people in our local area. We are in contact with over 50 individuals who receive regular visits from our volunteers. Just an hour of conversation each week makes life feel so much better for people who don't get out!

If you would like to become a home visiting volunteer, receive a home visit, or know someone, who might benefit from company, conversation & friendship, please call

Clive Brown, Home Visiting Coordinator on: 020 8677 4283

The Home Visiting Scheme is funded by

The Big Lottery



*Age 60+ and home alone over the summer?
Join us for Holiday@Home 9th-12th August*

*For more details contact:
streatthampark@gmail.com*

or Tel 020 8769 5415



**Furzedown
Churches**



**Our popular programme of Summer Outings
is advertised on the centre pages.**

Please be advised of the following when booking a trip:

The outings are open to all our members, but please ensure you have renewed your membership for 2016/17.

It is advisable to book early to avoid disappointment.

We will take bookings for one trip per member. You may add your name to the reserve list for further trips and will be notified of seats available in the week before departure.

If you will need assistance during your trip please let us know when booking, we will do our best to meet your needs.

Please check departure details shortly before your trip as times may vary.

Return times to the Project will be approximate: the bus will leave seaside destinations at 4.00pm, but arrival back at the Project may be after 6.00pm

**Bookings can be made at reception from
9.30am – 4.30pm and are confirmed upon payment.**

**The Annual General Meeting of
THE FURZEDOWN PROJECT**

will be held on

Wednesday 14th September 2016

2pm - 4pm

**Mitcham Lane Baptist Church,
230 Mitcham Lane SW16**

Transport will be available

Furzedown Project Members

WETLANDS CENTRE Mon 4th July

BARNES

10.00am from Project

£12.00

EASTBOURNE Mon 11th July

9.00am from Project

Return departure from Eastbourne 4.00pm

£12.00

WORTHING Mon 18th July

9.00am from Project

Return departure from Worthing 4.00pm

£12.00

SUMMER GARDEN Wed 20th July

PARTY 2-4pm

5 Faylands Ave. A ticket only event - £5.00

No entry before 2pm

KEW GARDENS Tues 26th July

Guided Tour of Botanical Gardens in Discovery Bus
with time to enjoy a leisurely lunch in the café, or if you
prefer, your picnic lunch in the gardens

10am -4pm £12.00

Summer Outings Programme 2016

HORNIMAN MUSEUM Mon 1st August
& Gardens, with stop for a Pub Lunch
10am –4pm
£8.00

BRIGHTON Mon 8th August
9.00am from Project
Return departure from Brighton 4.00pm
£12.00

FULHAM PALACE Mon 22nd August
& Battersea Park with stop for a Pub Lunch
10am –4pm
£8.00

EASTBOURNE Mon 5th September
9.00am from Project
Return departure from Eastbourne 4.00pm
£12.00

Remember Members,
Book early to avoid disappointment.
Bookings may be made at reception and are confirmed
upon receipt of payment.
The prices shown excludes lunches

**FURZEDOWN
VOICES presents**

Murder

At The Priory

with Helen Long

Wed 26th October 2pm

Entrance £2.00

Booking 020 8677 4283

**The Plant and Bric-a-Brac Sale
in May raised a total of**

£674.91

Our appreciation goes to the team of volunteers who worked so hard and to the generous supporters who snapped up plants and other goodies.



THANK YOU

You may be interested in what's on offer at the Project on Wednesday mornings

We offer help with shopping, conversation, friendships, transport, refreshments, information, library books, and massage. There are local shops within easy distance of the Project. If you have a couple of hours free, why not come along and spend them with us?

*You'll be most welcome. Just give Mick or Pauline a call
It's 0208 677 4283*

Interruption of Normal Service

There will be a short break in the Projects weekly programme toward the end of July as we are planning to redecorate the office and replace the carpets throughout the building. We hope that the work will begin on or around the 21st July but need to finalise dates with our contractors.

We will keep you informed when all is clear

MEMBERSHIP RENEWAL

The Annual Subscription for Membership of the Furzedown Project became due on
1st of June 2016.

The subscription is £20.00

Membership gives access to our full programme of
Activities, Outings and Events.

giftaid it

When joining the Furzedown Project, renewing your membership, or making a donation you can increase the value by 25% if you are a UK taxpayer through requesting *gift aid*.

Using *gift aid* means that your **£20.00 membership can be turned into £25.00.** Imagine what a difference that could make to the Project and it doesn't cost you a thing!

So if you're are a Tax Payer please ask at reception to sign a *gift aid* form when you renew your membership.

Fees are not levied on clients of the Home Visiting Scheme.

Please note that our sessional activity fees will increase to £2.00 per visit from 1st June. The minibus fare will remain at £1.00 so people using the supported transport service will pay a total of £3.00

We thank you for your continued support of the Project

Activities at the Furzedown Project

Tel: 020 8677 4283

91-93 Moyser Rd SW16 6SJ

MONDAY

Outings (July – Aug)	(Various)
Swim Club	transport >>>> 10.00-12.30pm
Fit & Fitter	9.30-10.15 & 10.15-11.00am
Exercise Therapy	11.00-11.45am
50+ Restart British Bangladeshi Group	1.00-4.00 pm
Monday Get-together	transport >>>> 2.00-4.00 pm

TUESDAY

Reading & Discussion Group	10.30-11.30am
Yoga	10.00-11.00am & 3.00 – 4.00pm
Bingo	transport >>>> 2.00- 4.00pm

WEDNESDAY

Co-op Shop, Cards,	transport >>>> 9.30-11.15am
Cinema Club (Streatham Odeon)	10.45 am
Craft Class & Friendship Group	transport >>>> 2.00-4.00pm
Singing Group	transport >>>> 2.00-4.00pm

THURSDAY

Exercise Therapy	9.30 – 10.15 transport >>>> 10.15-11.00am
Computer Support	transport >>>> 10.00-11.00am
Chair Based Exercise	transport >>>> 11.00-11.45am
Bridge & Scrabble	transport >>>> 2.00- 4.00pm
Fusion Exercise	transport >>>> 2.15- 3.15pm

FRIDAY

Art	10.00 -12.00pm
Fitness & Fun	11.00-12.00pm
Classical Indian Singing & Friendship	12.30-2.00pm
Bingo	transport >>>> 2.00-4.00pm

Library service at all opening times

Councillors Surgeries 1st Sat of every month 11.30-12.30 pm