



Furzedown Project
Furzedown Project
News

Summer 2017
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The Furzedown Project
Tel: 0208 677 4283

91/93 Moyser Road SW16 6SJ
www.furzedownproject.org

**All the hard work pays off...thanks to our
Fundraising Team of Volunteers and Supporters**

A combined total of **£2005.93** has been raised recently at the Spring Fayre, and the Bric-a-Brac & Plant Sale. The abundant contributions of crafts, gifts, & plants along with our volunteers efforts have been amazing. We offer our sincere thanks and appreciation to them and to all who so generously support the Project with our ongoing fundraising programme.

THE HOME VISITING SCHEME

The Project's Home Visiting Scheme provides befriending support to older people in our local area. We are in contact with over 50 individuals who receive regular visits from our volunteers. Just an hour of conversation each week makes life feel so much better for people who don't get out!

If you would like to become a home visiting volunteer, receive a home visit, or know someone, who might benefit from company, conversation & friendship, please call

Clive Brown, Home Visiting Coordinator on: 020 8677 4283

The Home Visiting Scheme is funded by

The Big Lottery



*Age 60+ and home alone over the summer?
Join us for Holiday@Home 1st-4th August*

'Rivers of the World'

*To Book and for more details contact:
streathamark@gmail.com*



Tel 020 8769 5415

Our popular programme of Summer Outings is advertised on the centre pages.

Please be advised of the following when booking a trip:

The outings are open to all our members, but please ensure you have renewed your membership for 2017/18.

It is advisable to book early to avoid disappointment.

We will take bookings for one trip per member. You may add your name to the reserve list for further trips and will be notified of seats available in the week before departure.

If you will need assistance during your trip please let us know when booking, we will do our best to meet your needs.

Please check departure details shortly before your trip as times may vary.

Return times to the Project will be approximate: the bus will leave seaside destinations at 4.00pm, but arrival back at the Project may be after 6.00pm

**Bookings can be made from Monday 26th June
9.30am – 4.30pm and are confirmed upon payment.**

**The Annual General Meeting of
THE FURZEDOWN PROJECT
will be held on
Wednesday 13th September 2017
2pm - 4pm**

**Mitcham Lane Baptist Church,
230 Mitcham Lane SW16**

Transport will be available to book

Furzedown Project Members

EASTBOURNE

Mon 10 July

9.00am from Project

Return departure from Eastbourne 4.00pm

£12.00

GARSONS FARM

Mon 17 July

Award-winning garden centre & farm shop

& Pub Lunch

10am –4pm £8.00

KEW GARDENS

Tues 25 July

Guided Tour of Botanical Gardens in Discovery Bus
with time to enjoy a leisurely lunch in the café ,or if you
prefer, your picnic lunch in the gardens

10am –4pm £12.00

SUMMER GARDEN Wed 26 July

DARTY 2 - 4pm Faylands Ave. SW16

This is a ticket only event

£5.00

(No entry before 2pm)

BRIGHTON

Mon 31 July

9.00am from Project

Return departure from Brighton 4.00pm

£12.00

Summer Outings Programme 2017

HORNIMAN MUSEUM **Mon 7 Aug**

& Gardens, with stop for a Pub Lunch

10am –4pm

£8.00

MARGATE **Mon 14 Aug**

9.00am from Project

Return departure from Margate 4.00pm

£12.00

EASTBOURNE **Mon 21 Aug**

9.00am from Project

Return departure from Eastbourne 4.00pm

£12.00

LONDON ZOO **Mon 4 Sept**

10.00am from Project

Return departure from Zoo 4.00pm

£8.00

Bookings may be made from Mon 26th June
and are confirmed upon receipt of payment.

The prices shown excludes lunches

Remember to book early to avoid disappointment

Every Wednesday Morning at the Project

Shopping - Conversation - Friendship—Refreshments

Library Books -Computers - Massage Therapies

Plus, on last Wednesday of the month: Hearing Aid Clinic & Gill's Fundraising Table.

Local shops within easy distance of the Project, and a ride home and help with your bags of shopping. Why not come along and spend time with us? From 9.30am

You'll be most welcome. Just give Mick or Pauline a call
0208 677 4283



50+ LGBT COFFEE MORNING

THURSDAYS

10-12PM | THE FURZEDOWN PROJECT

GET IN TOUCH TO FIND OUT MORE ON
07970528218 OR EMAIL
WANDSWORHLGBT@HOTMAIL.CO.UK



@LGBTWANDSWORTH

THE FURZEDOWN PROJECT, 31 WOYER RD, LONDON SW6 6LJ

We are very pleased to announce



that The Project has been gifted sponsorship by two generous donors. They are the Pearl Chemist Group which runs the Barrons, Lords, Pearl, and Bradbury Pharmacies in Tooting and Streatham; and Furzedown Annual Charity Events which organises numerous fundraising events each year and has donated over £50,000 for local good causes.

Both have given £1,500 to The Project and we will be displaying their logo's on our minibus in the near future.

MEMBERSHIP RENEWAL

The Annual Subscription for Membership of the Furzedown Project became due on 1st of June 2017. The subscription is £20.00

Membership gives access to our full programme of Activities, Outings and Events.

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When joining the Furzedown Project, renewing your membership, or making a donation you can increase the value by 25% if you are a UK taxpayer through requesting *gift aid*.

Using *gift aid* means that your **£20.00 membership can be turned into £25.00**. Imagine what a difference that could make to the Project and it doesn't cost you a thing!

So if you're are a Tax Payer please ask at reception to sign a *gift aid* form when you renew your membership.

Please note that our sessional activities are £2.00 per visit. The mini-bus fare is £1.00 so people using the supported transport service will pay a total of £3.00

Membership Fees are not levied on clients of the Home Visiting Scheme



We thank you for your continued support of the Project



ACTIVITIES at the FURZEDOWN PROJECT

MONDAY

Outings July—August (Various)

* Swim Club (resumes in September)	9.45—12.00pm
Fit & Fitter (2 Classes of 45 mins. each)	9.30 -11.00am
Exercise Therapy Class	11.00 -11.45am
50+ Restart British/Bangladeshi Group	1.00 —4.00pm
* Monday Get-together	2.00 —4.00 pm

TUESDAY

Yoga	10.00 -11.00
Yoga	3.00 - 4.00
Reading & Discussion Group	10.30 -11.30 am
* Bingo	2.00 —4.00 pm

WEDNESDAY

* Co-op Shop & Coffee Morning	9.30 —11.15 am
Hearing Aid Clinic (last Weds of the month)	10.00 to 12.00am
* Craft Class	2.00 —4.00 pm
* Singing Class (Twentieth Century Songbook)	2.00 —4.00 pm

THURSDAY

Exercise Therapy	9.30 -10.15am
* Exercise Therapy	10.15 —11.00am
Computer Support	10.00 -11.00 am
LGBT 50+ Coffee Morning	10.00—12.00pm
* Chair Based Exercises	11.00 -11.45 am
* Bridge & Scrabble Club	2.00 —4.00 pm
* Furzedown Fusion Exercise	2.15 - 3.15pm

FRIDAY

Art Group	10.00 -12.00 pm
Fitness & Fun	11.00 -12.00 pm
Classical Indian Singing	12.00 -2.00 pm
International Friendship Group	2.00 —4.00 pm
* Bingo	2.00 —4.00 pm

*= Transport is available if needed

Library Service available Mon-Fri 9.30-4.00pm

Councillors Surgeries 1st Saturday of every month 11.30-12.30 pm